

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Ashley Hanekom**

Has successfully participated & completed the

**Solo Bull Cowhouse Cross Duathlon 2019 #3**

held at Cowhouse Market.

**TIME 02:33:21**

**PACE 13.69km/h**

**GENDER 3 of 11**

**OVERALL 5 of 16**

**30 TO 34 2 of 4**

02 June 2019, Sun

Date

*BoutTime*

Signature